



**Dorset Advocacy**

# Care Act Advocacy



- **Advocates listen.**
- **Advocates help you understand.**
- **Advocates make sure your choices are heard.**

## Advocacy



An advocate is a person who is on your side. They get to know you. They help you to speak up. They make sure that your rights and views are respected.

You have been offered advocacy because your social worker thinks that you will find it very hard to speak up on your own.

## Our Advocates



All our advocates are trained and supported to do their job.

They are independent: they are free to represent your views and wishes and nobody else's.

They either have, or are working towards, an Independent Advocacy Qualification.



# Care Act Advocacy

Care Act Advocates help you to:

- understand your assessments, reviews, or care plans
- communicate your views and wishes
- make decisions
- understand your rights
- challenge decisions that are being made about you



## Your information

We will keep all information about you private, unless:

- you or someone else could be hurt
- we need to report a crime





Dorset Advocacy

## Contact us

To find out more about Care Act Advocacy, please contact us or look at our website.



**Phone:** 0300 343 7000



**Email:** [referrals@dorsetadvocacy.co.uk](mailto:referrals@dorsetadvocacy.co.uk)



**Web:** [www.dorsetadvocacy.co.uk](http://www.dorsetadvocacy.co.uk)



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